VER-CIVILIZATION TO BLAME FOR COLDS

te Dress Too Heavily and Injudiclously and Fall Prey to Weather Changes.

KIN TRAINING RECOMENDED

lature Provides Preventive If We only Give Her a Fair Chance.

By DR. JOHN W. DUKE

Colds are probably the most comsen of human allments, and while of generally dangerous, are one of be most irritating. Bacteria play an appriant part in most colds. In some cases there seems to be a general infection, with local symptoms, songrippe, in others there is a local afection, with mixed species of the afectia. It is probable that these areas forms of bacteria are consists present in the masal secrearious forms of bacteria are con-tantly present in the masal secre-ions, but do not cause noticeable couble until either the local resist-nce or the general resistance is in e way towered.

many persons susceptibility with many persons assections to colds is one to abnormalities in pose or threat. Nasal obstruction a comparatively common condition. The nose, like the eye, is ally an imperfect organ. These ion. The nose, tike the eye, is mally an imperfect organ. These betructions are often the result of denoids in childhood, which interse with the proper development of he internal structures. Malformation of the teeth and dental arches a childhood is a frequent and too fien neglected cause of nasal objection. Such malformations are fien neglected characteristics are reaction. Such malformations are sused by the arresting of the growth f the upper jaw and nasal structures. Correction of the deformity f the dental arches often renders f the dental arches often renders sai surgery unnecessary. Such con-tions not only predispose to colds, ut increase their severity and the anger of complicating infection of he bony cavities of the skull that ommunicate with the nose.

Precautionary Measure.

If the nasal passages are in a aithy condition adherence to the ules of individual hygiene will al-sost wholly prevent colds. In fact, acept where actual nasal defects sost wholly prevent cotas. In fact, acept where actual named defects aist, the frequency of colds is often , fair indication of how hygienically

person is living.
It is of course a familiar fact that
sposure and chilling often will probee a cold. This is usually due to be fact that the centers controlling be circulation of the skin are overensitive and exhibit a sort of hair-eigger reaction to exposure causing disturbance of the circulation and f the heat regulating machinery of he hody of which the spongy shelf-ke turbinated bones in the nose are important part. Skin training, hen appears to be the first hygenic toward establishing a resistance

Such training for the skin may be severed by various means. One hould first accustom himself to a entle draft. Cool bathing to a point hat produces a healthy reaction is nother important feature of skin raining. The wearing of loose, orous clothing and the air bath exposus clothing and the air bath exposus clothing are also valuable measures. Very savy wraps and fur coats should be rorn only during thusual exposure, a in driving or motoring. Outer lothing should be adapted to the hanges in the weather and medium Such training for the skin may be tothing should be weather and medium reight underclothing should be worn brough the winter season. Office rough the winter season. Office rorkers and others, employed indoors, re during the greater part of the ay living in almost a summer emperature even in winter. The rearing of heavy underclothing ader such conditions is debilitating o the skin and impairs the resisting

Living out of doors, especially lesping out, gives the skin exercise and further keeps from air in the ungs. It is one of the foremost sethods of prevention against colds. ong breaths taken slowly and ythmically, say 10 times a day, are eigful. Other precautions are the wolding of constipation, of overeat-ag and undue fatigue. By the ob-ervance of these simple precautions lability to colds can be greatly

Soldiers Like to See Motion Pictures of Their Old Home Town

PARIS, March 8 .- The American oldier wants, more than anything tse in the world right now, to go ome. For the 500,000 or more who till have weary weeks ahead of hem here and with the army of oc-upation the next best thing is to see actures of their home towns. These pictures are being shown to em in the miles and miles of films filed "Smiles" distributed to the amps by the community motion pic-ire bireau of the Young Men's faristian association. Probably there is a hundred miles of the films. The movies are taken everywhere, form Times. om Times Square to the Cliff buse. They show the familiar reels and the familiar landmarks and the familiar landmarks.

treets and the familiar landmarks and the familiar faces and then they re rushed over here to the boys at to say that they are welcomed putting it mildly indeed.

The pictures are not shown indistinguished by When a picture from lew York, or Kansas City, or Settle, or anywhere else, arrives it is ant immediately to the military oranizations halling from that parcular locality and it only needs a imple aurouncement to the effect hat a home town movie will be hown to pack the hut or theater to all in the city of the ci t as many times as it is pos-show the film before taps

days ago in Coblenz while a Chicago was being wn a soldier rose from his seat d should, "There's my dog:" then, bouted, "There's my dog;" then, a pause he added, "and that's

er a pause he accurate has seen should have a boy over here has seen the of his relatives in these pictures are of his relatives in these pictures. latest humorous film or the new-

RTIFICIAL MEN POSSIBLE SAYS DEAN PEARSON

PHIALDELPHIA, Pa., March 8 .the fate of the cackling hen and its entribution to society is sealed, says enn Pearson of the Hahnemann dedical college in this city.

Inside of five years," stated Dr.

'earson, in an address to the local
ranch of the American Pharmaceuidal association, "you will eat an
rificial erg. Even an artificial man
i got impossible."

not impossible."



Shamrock Linen Sale at Vandevers

The consumation of plans laid months ago-plans wherein the linen markets of the world were combed thoroughly for linens befitting this store and Tulsa housewives' Tables-

Fine Linens by the yard—Pattern and Lunch Cloths—Napkins -Rich Maderia Embroidered Linens-Linen Sheeting and Tubing-Linen Towels-Crash and Linen Huck Toweling-All are offered at prices that average one-fourth off.



\$3.50 Foreign Linen Damask, Special \$2.85.

Starts

Monday

Fine linens from Belgium, Ireland and Scotland. Very finest quality. Rose, carnaion, chrysanthemum, morning glory and other good patterns; 76 and 72 inches wide. Napkins can be had to match.

\$4.00 Fine Linen Damask. Special \$3.19.

72 inches wide. Our very best quality linen. Some of the designs are poppy. shamrock, clover leaf, pansy, grape, wild rose and water lily-and others. Most of the designs can be matched in 22, 24 and 26-inch dinner napkins at reduced

34-inch, \$3.00 quality, special \$2.59

\$6-inch, \$4.00 quality, special \$3.49

45-inch, \$7.50 quality, special 96.49

48-inch, \$8.00 quality, special \$6.95

\$7.50 Cloths, reduced to \$6.25-\$8.50 Cloths, reduced to...... \$7.25 \$10.00 Cloths, reduced to...... \$8.25

\$12.50 Cloths, reduced to \$10.75

\$3.00 All Linen Damask, \$2.59

Reautiful floral and conventional designs. Extra good quality real Irish Linen; 76 Inches wide. Napkins to match, mize 22 inches square.

Linen Huck and Crash Towling Reduced.

\$1.00 value Linen, sale price..... 89c \$1.25 value Linen, sale price..... 98c

Satin Damask Tea Napkins, beantifully

hemstitched. Materials that match the

lunch cloths. Regularly \$8.50; Shamrock

\$13.50 Cloths, reduced to\$11.25

\$15.00 Cloths, reduced to \$13.25 \$16.50 Cloths, reduced to \$14.75

\$18.00 Cloths, reduced to \$16.25

All pure linen, in stripe check and floral designs every width. 35c value Linen, sale price 29c 50c value Linen, sale price 39c 65c value Linen, sale price..... 49c 75c value Linen, sale price..... 59c \$5c value Linen, sale price..... 69c

Mercerized Table Damask Reduced for the Shamrock Linen Sale.

	differen s wide.	5: Mes	ugn#	Rood	quarte	 10.
	Damask,					
\$1.00	Damask.	yard	*****	*****		 . 89
\$1.50	Damask,	yard	1000000	0.040400		 . \$1.11
	Damask.					
\$2.25	Damask l	Lal	Lolan	en, yar	d	 .\$1.81

Mercerized Napkins Special.

\$2.50 \$3.75	Napkins, Napkins, Napkins,	dozen	******			\$ 2 \$ 2
	23		_		c.	o. [] [
	THE PARTY					<
	K	-	1	9		
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	exc.		1			1d

Linen Tubing and Sheeting Included in the Linen Sale at Sharp Reductions. Tubing is 42 and 44 Inches wide, Sheeting 81 inches

42-inch Tubing, regularly \$1.25, sale price... 98c 44-inch Tubing, regularly \$1.25, sale price... \$1.19 81-inch Sheeting, regularly \$2.50, sale price... \$1.98 81-inch Sheeting, regularly \$3.60, sale price... \$2.69

The Linen Towels Are Reduced for the Sale.

		many pa		sizes,	hemstitched	and	pla
	50c	Towels,	reduced	to .			. 31
	65a	Towels,	reduced	to .	**********		. 41
	750	Towels,	reduced	to .			. 51
*	85c	Towels,	reduced	to .	********		. 61
			reduced				. 81
	\$1.25	Towels,	reduced	to .	*********		. 91
	\$1.50	Towels,	reduced	to .	**********		. \$1.1
	\$1.75	Toweis,	reduced	to .	**********		.\$1,1
		-17	1000 1040			-	

New Novelties in the Baby Shop.

\$ 500 TO	
A recent shipment comprises many things cale	
to please "Baby" and the fastidious mother.	
Comb and Brush Sets 75e to	
Tollet Sets	
Water Bottles	
	\$1.25
	\$2.25
	\$1.25
Powder Puffs 85c to	\$1.00
Powder Boxes	\$1.00
Coat Hangers\$1.25 to	92.50
Sachet Pillows 75c to	\$2.50
Set of Hangers, Clasp and Strap \$1.50 to	\$5.50
Carriage Straps	
Carriage Bows	
	\$2.50
Baby Record Books 65c to	83 50
	\$1.00
Celluloid Dolls	
Bib Clasps	200
Haby Baskets	
Bubble Sets	600
Clothes Trees	
Tollet Seals	
	\$5.00
Baby Walker	\$10
Bath Screen	
Beads	650
Oll Cloth Aprons	650
Celluloid Banks	650
Celluloid Ribbon Boxes	850



Millinery Style Treasures

The millinery section is full them. Characteristically radical and yet wearable with distinction. The very dainty Watteau Hats are introduced in charming new styles, and the tendency seems to be to give them the 'period' touch by the use of ribbons and flowers. Then for smart tialored wear, the dirigible turban, a very small hat in shape, hinting at its pet name. But you must come down to see the treasures that continually crowd into the cases, cornings and afternoons of every day now,-Third



\$5.00 Irish Linen Napkins, Shamrock Sale Price, \$3.85.

Fine assortment of designs-18 inches square. Guaranteed all pure Irish linen.

Highest Grade Pure Linen Napkins at Shamrock Sale Prices.

Made of pure Irish, Belgian and Scotch linens. Very best quality, fine designe-110.00 grade, Shamrock Sale Price 50:25 112.50 grade, Shamrock Sale Price 510:25 313.50 grade, Shamrock Sale Price 510:25 15.00 grade, Shamrock Sale Price \$13.21 \$16.50 grade, Shamrock Sale Price \$14.21

\$6.50 Pure Linen Napkins, Shamrock Linen Sale Price,

Size 22x22 inches-six different patterns to choose from-good quality pure Irish

22-inch All Linen Napkins.

\$7.50 q	unlity,	male	price			.\$6.10
\$8.50 q	nality.	sale	price			. \$7.20
Excelle	nt gra	de i	ill pu	re	Irish	Linen.
Many h	andsor	ne pr	tterns	to	choose	from.
Designs	match	the	dama	ak.		

Beautiful Madeira Embroidered Linens at Shamrock Linen Sale Prices

Lunch Cloths, Lunch Sets, Scarfs and Tea Napkins. Dainty rich designs all are

\$11.50 Lunch Set, sale price \$9.50	\$15.00 Lunch Cloth, sale price \$12.78
\$12.50 Lunch Set, sale price\$10.00	\$25.00 Lunch Cloth, sale price \$17.75
\$25.00 Lunch Set, sale price \$17.75	\$3.50 Buffet Scarfs, sale price \$7.25 \$10.00 Buffet Scarfs, sale price \$8.25
\$12.50 Lunch Cloth, sale price \$10.00	\$12.50 Buffet Boarfs, sale price \$11.25

Dress Linen Suitings, Linen for Waists, Art Linens and Art Crash Reduced for the Shamrock Linen Sale

650	Linens.	reduced	to	490	\$1.25	Linena	reduced	to 980
			to		\$1.50	Lanens,	reduced	10
85c	Linens,	reduced	to	690	\$1.75	Linens,	reduced	to
\$1.00	Linens,	reduced	to	89c	\$2.50	Linens.	Reduced	to

The Salient Features of the New Season's Dresses

The price one must pay for satisfaction and success in one's dresses is not only the money price, but also the price of foresight and carefulness in seeing that all the fashion silhouette for the new season calls for straight and slender lines.

The length of the skirt is ankle length or a little shorter for sport models. The dominating styles in the skirts are the two and three tier styles, the paneled or tunic ideas, and the plain and narrow types.

The waists or bodices of the dresses are in flat effect, and the necks either round, square or oval-mostly without collars Sleeves are in several designs. the sleeve with the wide cuffs and the kimono style or semikimono effect. The dresses are not occupying all the attention of style-informed women. New coats, suits, blouses, skirts and corsets receive their full share of admiration. They are all offered for your inspection in the style section, third floor.



The New Woolens for Spring Are Much Admired The colorings are especially beautiful and rich. The variety of the

weaves leave nothing to be desired. Shown in all their glory on the main floor Monday.

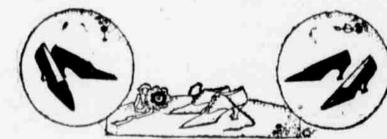
54-INCH CHIFFON BROADCLOTH, YARD \$5.00 Dainty pastel shades of Nile green, lavender and chamois, also white

54-Inch Tricotine, Yard \$5.00-Espacially suitable for capes and tailored suits. Colors are antelope, drab, cadet blue, 56-Inch Shepherd Checks, Yard \$3.50 and \$2.50-Much in demand this Spring for suits and skirts.

Spring Shoes—Oxfords and Pumps

"Cousin's" fine shoes for women and "Educator" for children-two lines that increase in popularity from year to year. The newest ideas in footwear are found at Vandever's.

-SECOND FLOOR-





Silks-

Satin Damask Lunch Cloths Reduced

for the Sale

Made of real Irish linen. Beautiful quality, very pleasing patterns, nicely hemstitched.

Irish Linen Pattern Cloths at Shamrock Linen

Qualities are really superfine, unlimited number of designs—all sizes from 64 inches square up to 81x144 inches. Reductions are as follows:

Fine Linen Napkins to Match Some of the Clotha

Brilliant as Soap Bubbles in the Sunlight

In introducing the complete silk styles for Spring and Summer we may say we have covered the subject expertly and thoroughly. We have examples of the best weaves off the country's looms in the most wanted silks-Taffetas, Satins, Georgettes, Silk Faille, Foulards, etc. This complete exposition will be ready temorrow in the silk section, main floor.

40-Inch Fancy Georgettes, Yard \$2.25,-White ground with small blue or pink checks, pink pin dots and lavender stripes. A beautiful wash fabric, guaranteed fast color.

Tub Silks, Sattn Finished, Yard \$2.50 .- A sensible wash fabric for Spring Dresses; 36 inches wide. White ground with dots, stripes and small checks. Colors of blue, pink, gray and lavender.

Japanese Silk Shirtings, Special \$1.75,-600d heavy quality with heavy satin strips of brilliant colors. Colors guaranteed fast; 33 inches wide.

Fancy Satine Linings, Yard \$1.00.—Rich brocaded designs, various beautiful brocaded designs, various bear colors, full 16 inches wide. Also a piete line of plain colors; priced at 75c

33-Inch Embroidered Pongee, Yard \$2.00. Ground of pongee color with embroidered rings, squares and blocks in colors of rose, blue, green and Pekin blue,

"CHENEY" AURATONE FOULARD, YARD \$4.00 AND \$5.00.

This season's newest silk, a product worthy of the Cheney name. Very high luster, really a pussy wil-low taffeta carried out in the beautiful Auratone

Modes for Misses and

Children The Junior Section on second floor of-

fers a wide variety of styles for the spring

New Coats, Hats, Dresses and Suits

That bid fair to make this the most popular department in Tulsa for discriminating mothers.

